

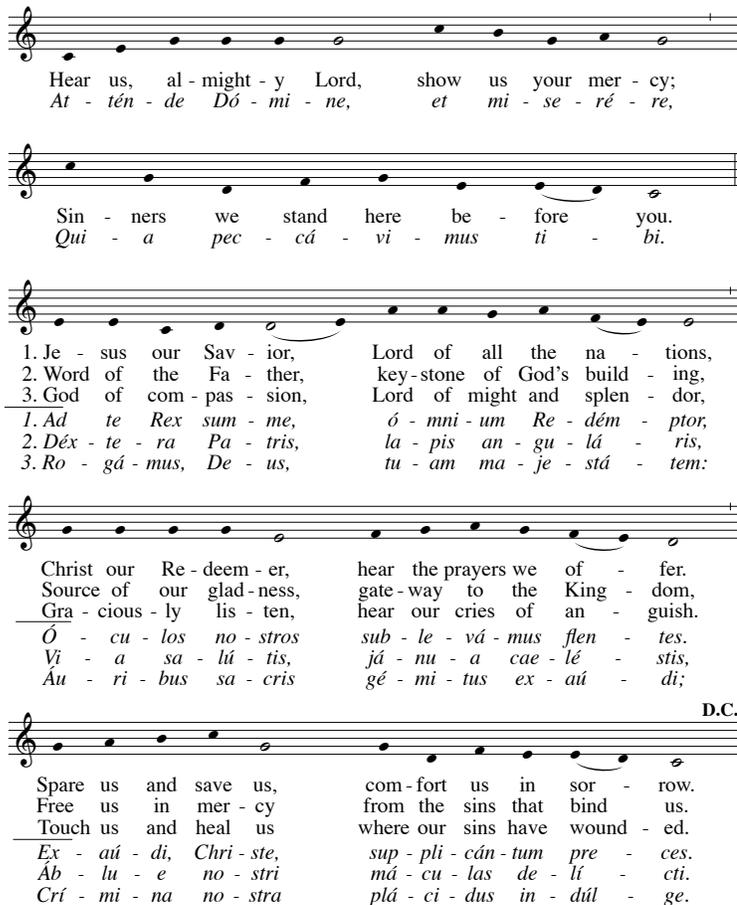
LITURGY OF THE WORD

The Fourth Sunday of Lent

Antiphon

My eyes are always on the Lord,
for he rescues my feet from the snare. Turn to me and have mercy on me, for I am
alone and poor.

Hear Us, Almighty Lord / Atténde Dómine



Hear us, al - might - y Lord, show us your mer - cy;
At - tén - de Dó - mi - ne, et mi - se - ré - re,

Sin - ners we stand here be - fore you.
Qui - a pec - cá - vi - mus tí - bi.

1. Je - sus our Sav - ior, Lord of all the na - tions,
2. Word of the Fa - ther, key - stone of God's build - ing,
3. God of com - pas - sion, Lord of might and splen - dor,
1. Ad te Rex sum - me, ó - mni - um Re - dém - ptor,
2. Dén - te - ra Pa - tris, la - pis an - gu - lá - ris,
3. Ro - gá - mus, De - us, tu - am ma - je - stá - tem:

Christ our Re - deem - er, hear the prayers we of - fer.
Source of our glad - ness, gate - way to the King - dom,
Gra - cious - ly lis - ten, hear our cries of an - guish.
Ó - cu - los no - stros sub - le - vá - mus flen - tes.
Ví - a sa - lú - tis, já - nu - a cae - lé - stis,
Au - ri - bus sa - cris gé - mi - tus ex - aú - di;

D.C.

Spare us and save us, com - fort us in sor - row.
Free us in mer - cy from the sins that bind us.
Touch us and heal us where our sins have wound - ed.
Ex - aú - di, Chri - ste, sup - pli - cán - tum pre - ces.
Ab - lu - e no - stri má - cu - las de - lí - cti.
Crí - mi - na no - stra plá - ci - dus in - dúl - ge.

4. Humbly confessing that we have offended,
Stripped of illusions, naked in our sorrow,
Pardon, Lord Jesus, those your blood has ransomed.
5. Innocent captive, you were led to slaughter,
Sentenced by sinners when they brought false witness.
Keep from damnation those your death has rescued.

Invocation and Kyrie

In the Name of the Father, and of the + Son, and of the Holy Spirit. Amen.

You were sent to heal the contrite of heart:

Lord, have mercy.

You came to call sinners:

Christ, have mercy.

You are seated at the right hand of the Father to intercede for us:

Lord, have mercy.

Collect

O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Reading 1

1 Samuel 16:1b; 6-7; 10-13a

The LORD said to Samuel:

“Fill your horn with oil, and be on your way.

I am sending you to Jesse of Bethlehem,
for I have chosen my king from among his sons.”

As Jesse and his sons came to the sacrifice,

Samuel looked at Eliab and thought,

“Surely the LORD’s anointed is here before him.”

But the LORD said to Samuel:

“Do not judge from his appearance or from his lofty stature,
because I have rejected him.
Not as man sees does God see,
because man sees the appearance
but the LORD looks into the heart.”
In the same way Jesse presented seven sons before Samuel,
but Samuel said to Jesse,
“The LORD has not chosen any one of these.”
Then Samuel asked Jesse,
“Are these all the sons you have?”
Jesse replied,
“There is still the youngest, who is tending the sheep.”
Samuel said to Jesse,
“Send for him;
we will not begin the sacrificial banquet until he arrives here.”
Jesse sent and had the young man brought to them.
He was ruddy, a youth handsome to behold
and making a splendid appearance.
The LORD said,
“There—anoint him, for this is the one!”
Then Samuel, with the horn of oil in hand,
anointed David in the presence of his brothers;
and from that day on, the spirit of the LORD rushed upon David.

Responsorial Psalm

PS 23: 1-3A, 3B-4, 5, 6.

R. (1) The Lord is my shepherd; there is nothing I shall want.

The LORD is my shepherd; I shall not want.

beside restful waters he leads me;

he refreshes my soul.

R. The Lord is my shepherd; there is nothing I shall want.

He guides me in right paths

for his name's sake.

Even though I walk in the dark valley

I fear no evil; for you are at my side

With your rod and your staff

that give me courage.

R. The Lord is my shepherd; there is nothing I shall want.

You spread the table before me

in the sight of my foes;
you anoint my head with oil;
my cup overflows.

R. The Lord is my shepherd; there is nothing I shall want.

Only goodness and kindness follow me
all the days of my life;
and I shall dwell in the house of the LORD
for years to come.

R. The Lord is my shepherd; there is nothing I shall want.

Reading 2

Ephesians 5:8-14

Brothers and sisters:

You were once darkness,
but now you are light in the Lord.

Live as children of light,
for light produces every kind of goodness
and righteousness and truth.

Try to learn what is pleasing to the Lord.

Take no part in the fruitless works of darkness;
rather expose them, for it is shameful even to mention
the things done by them in secret;
but everything exposed by the light becomes visible,
for everything that becomes visible is light.

Therefore, it says:

“Awake, O sleeper,
and arise from the dead,
and Christ will give you light.”

Verse Before The Gospel

Praise to you Lord Jesus Christ, King of Endless Glory

I am the light of the world, says the Lord;
whoever follows me will have the light of life.

Praise to you Lord Jesus Christ, King of Endless Glory

Gospel

John 9:1, 6-9, 13-17, 34-38

Glory to you, O Lord.

As Jesus passed by he saw a man blind from birth.
He spat on the ground and made clay with the saliva,
and smeared the clay on his eyes,
and said to him,
“Go wash in the Pool of Siloam” — which means Sent —.
So he went and washed, and came back able to see.
His neighbors and those who had seen him earlier as a beggar said,
“Isn’t this the one who used to sit and beg?”
Some said, “It is, “
but others said, “No, he just looks like him.”
He said, “I am.”
They brought the one who was once blind to the Pharisees.
Now Jesus had made clay and opened his eyes on a sabbath.
So then the Pharisees also asked him how he was able to see.
He said to them,
“He put clay on my eyes, and I washed, and now I can see.”
So some of the Pharisees said,
“This man is not from God,
because he does not keep the sabbath.”
But others said,
“How can a sinful man do such signs?”
And there was a division among them.
So they said to the blind man again,
“What do you have to say about him,
since he opened your eyes?”
He said, “He is a prophet.”
They answered and said to him,
“You were born totally in sin,
and are you trying to teach us?”
Then they threw him out.
When Jesus heard that they had thrown him out,
he found him and said, “Do you believe in the Son of Man?”
He answered and said,
“Who is he, sir, that I may believe in him?”

Jesus said to him,
“You have seen him, and
the one speaking with you is he.”
He said,
“I do believe, Lord,” and he worshiped him.

Praise to you, Lord Jesus Christ.

Following the Gospel, spend some time reflecting on the readings, or listen to a homily from a Catholic priest or deacon that has been recorded for this purpose. Here is a link to the recording by Fr. Longenecker.

https://www.youtube.com/channel/UCbk-y9wHZZSVoj2MYr_SgDA

Apostles' Creed

I believe in God,
the Father almighty, Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.

General Intercessions

Placing our trust in the Lord, who is our shepherd, let us offer to Him our prayers, confident in His love and mercy.

for our Holy Father, Pope Francis, and for all bishops, priests and deacons: that they may be given light and strength to proclaim the Gospel to the world, let us pray to the Lord.

Lord, hear our prayer.

for our nation: that our society may be cured of spiritual blindness and rediscover the equal dignity of the unborn, the terminally ill, and all who are oppressed, let us pray to the Lord.

Lord, hear our prayer

for our church and school: that we may always walk in the light of goodness, justice, and truth, let us pray to the Lord.

Lord, hear our prayer

for all Christians: that we might fully embrace the Lenten disciplines of prayer, fasting and almsgiving, let us pray to the Lord.

Lord, hear our prayer.

for the sick, the suffering and the lonely, and especially for all those who have been impacted by the coronavirus pandemic: that God will lead them by restful waters, revive their drooping spirits, heal them and give them comfort, let us pray to the Lord.

Lord, hear our prayer

for all the faithful departed: that they might dwell in the house of the Lord forever, let us pray to the Lord.

Lord, hear our prayer.

Heavenly Father, grant that as we bring our needs before you, we may see your Son more clearly, receive his gift of holiness, and live as children of the light. We ask this through the same Jesus Christ our Lord. Amen.

The Our Father

Our Father, who art in heaven, hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us; and lead us not into temptation,
but deliver us from evil.

Since receiving the Lord in the Blessed Sacrament is not possible at this time, make a Spiritual Communion by using the following prayer:

My Jesus,
I believe that You
are present in the Most Holy Sacrament of the Altar.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart. I embrace You as if You were already there
and unite myself wholly to You. Never permit me to be separated from You.
Amen.

Closing Collect

O God, who enlighten everyone who comes into this world, illuminate our hearts,
we pray,
with the splendor of your grace,
that we may always ponder
what is worthy and pleasing to your majesty and love you in all sincerity.
Through Christ our Lord.

May Almighty God bless us, the Father, and the +Son, and the Holy Spirit. Amen.

God, Whose Almighty Word



1. God, whose al - mighty - y word Cha - os and
2. Sav - ior, you came to give Those who in
3. Spir - it of truth and love, Life - giv - ing,
4. Ho - ly and bless - ed Three, Glo - ri - ous



dark - ness heard, And took their flight:
dark - ness live Heal - ing and sight,
ho - ly dove, Speed on your flight!
Trin - i - ty, Wis - dom, Love, Might!



Hear us, we hum - bly pray, And where the gos - pel - day
Health to the trou - bled mind, Sight to the in - ward blind:
Move on the wa - ter's face Bear - ing the lamp of grace
Bound-less as o - cean's tide, Roll - ing in full - est pride,



Sheds not its glo - rious ray, Let there be light!
Now to all hu - man-kind Let there be light!
And, in earth's dark - est place, Let there be light!
Through the world, far and wide, Let there be light!

Text: John Marriott, 1780–1825, alt.

Melody: ITALIAN HYMN, 66 4 666 4; Felice de Giardini, 1716–1796